



Erasmus+

TRANSPORT AND  
TELECOMMUNICATION  
INSTITUTE

## Blended Intensive Program

### Cognitive basics of AI prompting (3 ECTS)

October – December 2025

Sessions	Format	Activities
15.10 8:45 am – 10:15 am	On-line session	<b>Overview of Large Language Models (LLMs).</b> <ul style="list-style-type: none"> <li>2 ac. h online via BBB (e.tsi.lv)</li> <li>Self-reading and reporting (independent study)</li> <li>Self-assessment quiz (independent study)</li> </ul>
22.10 8:45 am – 10:15 am	On-line session	<b>Cognitive foundations of LLMs.</b> <ul style="list-style-type: none"> <li>2 ac. h online via BBB (e.tsi.lv)</li> <li>Self-reading and reporting (independent study)</li> <li>Self-assessment quiz (independent study)</li> </ul>
27.10 8:45 am – 12:00 pm	On-line session	<b>How LLMs generate text.</b> <ul style="list-style-type: none"> <li>2 ac. h online via BBB (e.tsi.lv)</li> <li>Self-reading and reporting (independent study)</li> <li>Self-assessment quiz (independent study)</li> </ul>
05.11 8:45 am – 12:00 pm	On-line session	<b>What is prompt engineering?</b> <b>Strategies for Refining Prompts</b> <ul style="list-style-type: none"> <li>4 ac. h online via BBB (e.tsi.lv)</li> <li>Self-reading and reporting (independent study)</li> <li>Self-assessment quiz (independent study)</li> </ul>
<b>Intensive training week</b> <b>10.11 – 14.11</b>  10.11.- 08:45-12:00. 11.03.-08:45-12:00. 12.03. -08:45-12:00. 13.03. 08.45-12.00 14.03. 12.00 – 15:00	<b>RIGA</b> <b>In person</b>	<b>The role of critical thinking in improving LLM outputs.</b> <b>Cognitive biases in prompt design and how to mitigate them.</b> <ul style="list-style-type: none"> <li>4 ac. h tutorial session</li> <li>Self-assessment quiz</li> </ul> <b>Optimizing LLM prompts for better results.</b> <b>Common Pitfalls and How to Avoid Them.</b> <ul style="list-style-type: none"> <li>4 ac. h tutorial session</li> <li>Self-assessment quiz</li> </ul> <b>Academic integrity and ethical use of LLMs.</b> <b>Acceptable and Unacceptable Use of LLMs.</b> <ul style="list-style-type: none"> <li>4 ac. h tutorial session</li> <li>Self-assessment quiz</li> </ul> <b>Using LLMs in university education.</b> <b>Best Practices for Using LLMs in Education.</b> <ul style="list-style-type: none"> <li>4 ac. h tutorial session</li> <li>Self-assessment quiz</li> </ul> <b>Cultural Activity – Riga City Guided Tour</b> <ul style="list-style-type: none"> <li>4 ac. h</li> </ul>



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20.11 8:45 am – 10:15am	On-line session	<b>Individual Assignment 1. “Cognitive Errors and Biases in Prompts”.</b> <ul style="list-style-type: none"><li>• 2 ac. h online via BBB (e.tsi.lv)</li><li>• Self-reading and reporting (independent study)</li><li>• Self-assessment quiz (independent study)</li></ul>
27.11 8:45 am – 12:00pm	On-line session	<b>Individual Assignment 2. “Prompt Engineering in Computer Science (Social Science)”.</b> <ul style="list-style-type: none"><li>• 4 ac. h online via BBB (e.tsi.lv)</li><li>• Self-reading and reporting (independent study)</li><li>• Self-assessment quiz (independent study)</li></ul>
04.12 8:45 am – 10:15am	On-line Exam	<b>Theoretical Examination</b> <ul style="list-style-type: none"><li>• 2 ac. h online via BBB (e.tsi.lv)</li></ul>

Link for the BigBlueButton sessions: <https://e.tsi.lv/mod/bigbluebuttonbn/view.php?id=156443>