

Self-management in university (Y-029)

(ENESEJUHTIMINE KÕRGKOOLIS)

(Самоуправление в высшей школе)

SUBJECT DESCRIPTION

| Credits (ECTS) | 2.00 ECTS |
|----------------|-----------|
| Assessment | pass/fail |

Aim of the subject and short description

Over the course, the following is focused on: how to orient more sufficiently in topics of organization of studies, how to plan a personal studying environment and how to manage one's studies

Learning outcomes:

Student:

- 1. can use learning information system and Moodle environment
- 2. analyzes his/her learning and the learning process
- 3. demonstrates goal-setting and planning skills
- 4. uses self-regulation tools as needed