



## Self-management in university (Y-029)

(ENESEJUHTIMINE KÕRGKOOLIS)

(Самоуправление в высшей школе)

### SUBJECT DESCRIPTION

<b>Credits (ECTS)</b>	2.00 ECTS
<b>Assessment</b>	pass/fail
<b>Aim of the subject and short description</b>	
Over the course, the following is focused on: how to orient more sufficiently in topics of organization of studies, how to plan a personal studying environment and how to manage one's studies	
<b>Learning outcomes:</b>	
Student: <ol style="list-style-type: none"><li>1. can use learning information system and Moodle environment</li><li>2. analyzes his/her learning and the learning process</li><li>3. demonstrates goal-setting and planning skills</li><li>4. uses self-regulation tools as needed</li></ol>	

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