



## Self-development (CB-0051) (ISIKLIKU ARENGU JUHTIMINE)

### SUBJECT DESCRIPTION

<b>Credits (ECTS)</b>	5.00 ECTS
<b>Assessment</b>	grading
<b>Aim of the subject and short description</b>	
Develop and implement strategies to ensure their own continuous development towards becoming an innovative entrepreneur. How to increase the self-awareness, set meaningful goals, how to develop positive self-esteem, self-discipline and self-motivation. How to work out the priorities, write plans and better manage the time	
<b>Learning outcomes:</b>	
Student: <ol style="list-style-type: none"><li>1. knows how to set goals, use different strategies and action plans to implement change and development in personal and professional lives</li><li>2. implements strategies to ensure own continuous development</li></ol>	

